



# BRITISH INTERNATIONAL SCHOOL OF CASABLANCA NEWSLETTER

21<sup>st</sup> March 2025

Dear Parents and Guardians,

In today's digital age, social media plays a major role in how we connect, learn, and communicate with others. While these platforms offer plenty of opportunities, they also come with risks—especially for young people who are still learning how to navigate online spaces safely and responsibly. At BISC, we are dedicated to protecting our students and helping them build the skills to use social media in a smart way.

Research shows that too much social media can negatively affect teenagers' mental and emotional health. Long hours of screen time and social media exposure are linked to higher levels of anxiety, depression, and low self-esteem, as young people often compare themselves to the idealized lives they see online. Cyberbullying and peer pressure can also lead to stress and feelings of isolation. Plus, the addictive nature of social media can disrupt sleep, affect school performance, and reduce real-life social interactions—things that are essential for a child's healthy growth.

To support our students, it's important to set some healthy boundaries around social media use. Encouraging limits on screen time, promoting device-free family time, and encouraging offline activities can all help create a more balanced lifestyle. It's also helpful to keep the conversation about social media open, use parental controls, and teach our kids about privacy settings and online safety, guiding them toward responsible digital habits.

As the holiday season approaches, we encourage parents to take this opportunity to help children step away from their devices and social media, focusing instead on real-world experiences. Activities like outdoor adventures, family time, reading, and creative hobbies that don't involve screens can be a great way to balance things out. By setting a healthy example and being intentional with screen time, we can help our kids build a more positive relationship with technology.

I would also like to take this opportunity to remind everyone to be mindful of what's shared online, especially when it comes to photos and videos from school events. For everyone's privacy, please ensure you have consent before posting any images.

And finally, as the term comes to a close, we wish you all a restful and enjoyable holiday season.

Sincerely,  
Jason Pegg | Head of Primary

## **EYFS:**

### **Nursery**

For our final week of term, this week Nursery have linked the space topic to Ramadan by making a crescent moon and star as an arts and crafts. As well as practising our Ramadan song for the assembly to celebrate Ramadan. The children painted the crescent moon and star the colour of their choice using gold, silver, white and yellow paint. It was then tied together with a pipe cleaner to hang up. Nursery also have been coming up with actions to help remember the words to the song. What a wonderful way to end Term 2.



### **Reception**

This week in Reception we have been very busy preparing for the Ramadan concert. It has been lovely to watch the children's confidence grow as they practised on the stage. The final performance, in front of parents, was truly amazing and we are so proud of them as we are sure you are too. We have now moved onto Phase 3 phonics and the children are learning all about digraphs 'two letters that make one sound'. We have finished our topic about 'Spring' and next term we will move onto our new topic "All around the world".



## YEAR 1



In Year 1 we are encouraging students to practice their reading at home and in school. If the student feels like they have improved and wants to share their reading skills with the class they are invited to bring in a book from home or their Oxford reading book to read a paragraph or a few pages to their classmates. It not only promotes motivation and practice but it helps the children to discover their love for reading and become mindful listeners. Afterwards we ask questions about the book and the reader answers them as best they can. We even had a student bring in their very own story that they wrote themselves, what an achievement!

## YEAR 2



In Year 2 this week we have had two workshops. The first was a Writers' workshop during which we planned, drafted and edited our own Traditional Tale using "Goldilocks and the Three Bears" as a model.

The second was a Design Technology workshop, linked to our science and humanities units of works during which we worked collaboratively to create our own 3D community. We were all very proud of what we created and achieved.

## YEAR 3

Well done to all children in year 3 who performed for the Ramadan assembly- what a great way to end term 2! We hope you have a lovely Spring holiday.

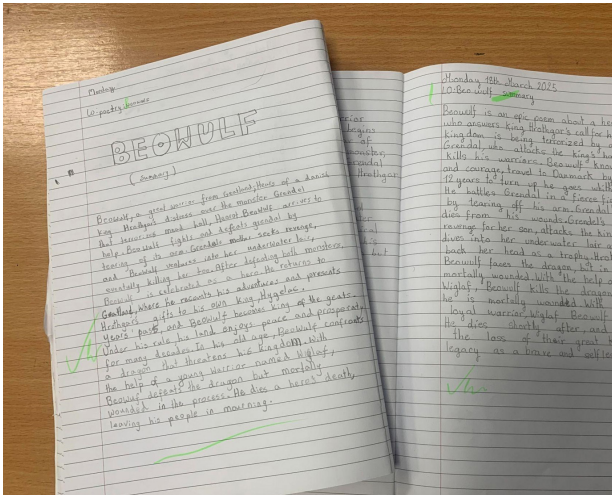
Miss Subhan, Mrs Nasreddin, Miss Safaa and Miss Sarah.



## YEAR 4

This week, in year 4 we have been studying the positive effects of movement on the body. We set up an experiment to record what movement does to the body, choosing three different exercises and recording what our body does before and after. We recorded our findings and are displaying our results in a bar chart.

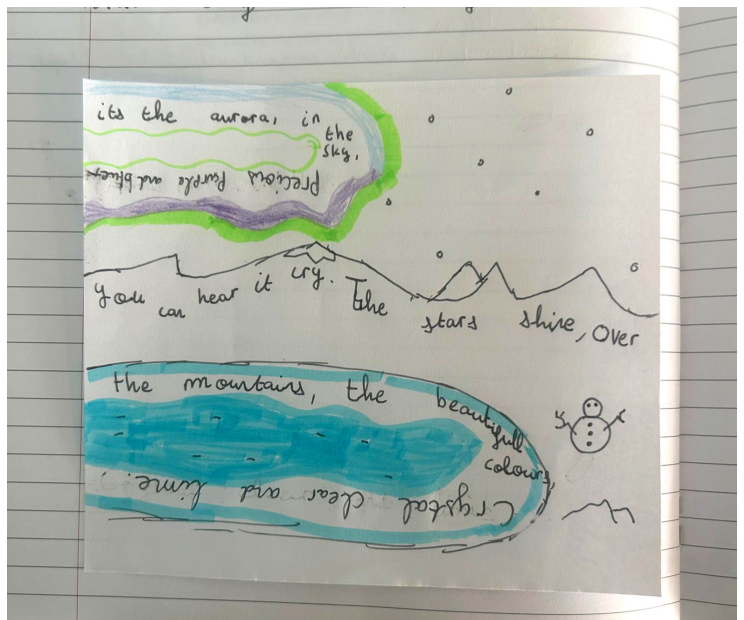
## YEAR 5



This week Year 5 have been researching Beowulf, an Old English epic poem. They researched when it was written, the characters, setting and plot. The story is a battle with triumph and tragedy. The class enjoyed using their devices to research and then they presented their work.

## YEAR 6

Year 6 have recently started their new topic of nature poetry in English. This week, they have taken the time to plan and write a shape poem based on a nature topic. Ideas included lightning, flowers, trees and the aurora borealis. They made sure to include a range of punctuation and descriptive vocabulary.





## INTERHOUSE COMPETITION:

Congratulations to Cambridge for winning the interhouse points competition this term with 1911 points; 2nd Place: Oxford (1550 pts); 3rd Place: Bath (1485 pts); and 4th Place: Warwick (1468 pts).

## IMPORTANT DATES:

**07/04 : Start of Term 3.**

**14/04 : Start of ECA**

**26/05 : Parent-Teacher Consultations.**

## RAMADAN CELEBRATION ASSEMBLY

Our Ramadan Celebration Assembly was a truly special event, filled with joy, reflection, and a wonderful sense of community. A heartfelt thank you to our parents for their continuous support and encouragement—it means so much to us all. A big appreciation to our dedicated teachers for guiding the students through rehearsals and ensuring everything ran smoothly. Most importantly, congratulations to our incredible students for their inspiring performances, showcasing the spirit of Ramadan with confidence and enthusiasm. It was a beautiful celebration of togetherness, and we are so proud of everyone involved!





# STAR

## OF THE WEEK CERTIFICATE

**Nursery A** | Jad for growing in confidence and encouraging himself to come out of his comfort zone.

**Nursery B** | Leyna for excellent behaviour and writing.

**Reception A** | Maria S. for always trying her best and using beautiful handwriting.

**Reception B** | Omar for his excellent phonics knowledge and great behaviour.

**Year 1A** | Adam for counting on from any given number to 100!

**Year 1B** | Sofia for her dedication to improve her reading skills and work more independently!

**Year 1C** | Ali A, for his excellent progress in core subjects and for his beautiful manners.

**Year 2A** | Ibrahim for developing his ability to work collaboratively and for writing a good quality Traditional Tale with another student.

**Year 2B** | Laila for fantastic independent reading.

**Year 3A** | Isla for showing great responsibility and encouraging others to do their best.

**Year 3B** | Adam for always going the extra mile. He regularly completes extra work at home and is committed to learning. Well done and keep it up!

**Year 4A** | Yacoute for her positive attitude and hard work.

**Year 4B** | Yacout for hard work and dedication to her Humanities work.

**Year 5A** | Inass for always presenting wonderful work.

**Year 5B** | Kody for contributing well in class.

**Year 6A** | Youssef - for his fantastic shape poem about a hungry fox.

**Year 6B** | Jad for producing a wonderful nature poem in English.